



CORN PRODUCTS

Corn
Corn chips
Corn flakes
Corn flour
Corn fritters
Corn gluten
Corn meal
Corn oil
Corn oil margerine
Corn cereal (puffs, chex etc.)
Cornflour
Cornmeal
Corn starch
Corn sugar (dextrose, Dyno,
Cerelese, Puretose, Sweetose,
glucose etc.)
Corn sweetener/sugar
Corn syrup
Corn syrup solids
Corn tortillas
Grits
Hominy
Polenta
Popcorn
Taco shells
Maize
Zea mays

CORN DERIVITIVES

Artificial flavours
Artificial sweeteners
Caramel
Caramel colour
Dextrose
Food starch
Fructose
Glucose
Glucose syrup
High fructose corn syrup
Hydrolyzed corn
Hydrolyzed corn protein
Hydrolyzed vegetable protein
Maltodextrin
Modified corn starch
Natural flavourings
Xanthan gum
Zein (corn protein)

INGREDIENTS THAT SOMETIMES CONTAIN CORN

American wines
Whiskey, Gin, Beer, Ale
Baking powder
Breaded/Fried foods
Breads, biscuits, pizza crusts,
and other baked goods
dusted with cornmeal
Brown sugar
Confectioners sugar
English muffins
Fruit juice concentrate
Golden syrup
Graham crackers
Honey
Ice creams
Sherbets
Iodized salt
Infant formulas
Molasses
Pancake syrups
Peanut butter
Powdered sugar
Processed meats
Salad dressings
Semolina
Starch
Succotash
Sugar
Talc
Tamales
Treacle
Vegetable oil