



MILK PRODUCTS

Acidophilus milk
Butter
Buttermilk
Buttermilk powder
Cheese
Cream Cheese
Coffee Creamer
Condensed milk
Cow's Milk
Cream
Cultured milk Curds
Custard
Dry milk powder
Dry milk solids
Evaporated milk
Ghee
Goat cheese
Goat milk
Half & half
Nougat
Paneer
Pudding
Quark
Sheep milk
Sheep milk cheese
Sour cream
Sweetened condensed milk
Whipped cream
Whipped topping
Yogurt

MILK DERIVATIVES

Casein (in all forms)
Caseinate (in all forms)
Diacetyl
Hydrolysates
Lactalbumin
Lactoferrin
Lactoglobulin
Lactose
Lactulose
Recaldent
Sour milk solids
Whey
Whey Powder

INGREDIENTS THAT SOMETIMES CONTAIN DAIRY

Artificial or natural flavours
Artificial butter flavour
Caramel flavour
Galactose
Hydrolyzed vegetable protein
Lactic acid starter culture
Lactobacillus
Luncheon meat
Hot dogs
Sausages
Margarine
Prebiotics
Probiotics
Rice cheese
(likely contains casein as
“caseinate”)
Soy cheese
(likely contains casein as
“caseinate”)